

YOUNG LEADERS LABYRINTH[©]

Sample Material

For each letter of the Alphabet the Youth Labyrinth explores a value. Below is an example of what is explored for 'P' of 'Patience'.

The below is facilitated by a local youth leader with the young person or a group of young people. The cards are taken home by the young people to complete on their own.

Wondering Questions for 'P'

Would you describe yourself as a patient person?

What helps or doesn't help with this?

Have you ever experienced someone being patient with you?

Activity for 'P'

Have a bar of chocolate, a knife and fork, hat, scarf, gloves, and a dice. In turn, each person rolls the dice. When a six is rolled, the person puts on all the clothing and - using the utensils - eats the chocolate. The dice rolling doesn't stop. As soon as another 6 is rolled the person swaps over.

How hard is it to be patient in this situation?

Extra activities and resources are available to youth leaders online.

P

Patience

Spiritual Reflection

Read Luke 13:6-9 Parable of the Barren Fig Tree

Or

consider this Chinese proverb 只要功夫深，铁杵磨成针 which translates as 'with hard work an iron bar can become a needle'



Where in your life do you need to practise patience?

An activity to take away...

THE MAGIC IS IN THE REST

Make some bread using a simple recipe. You need patience while waiting for it to prove. How does it feel to wait for the dough to rise?



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